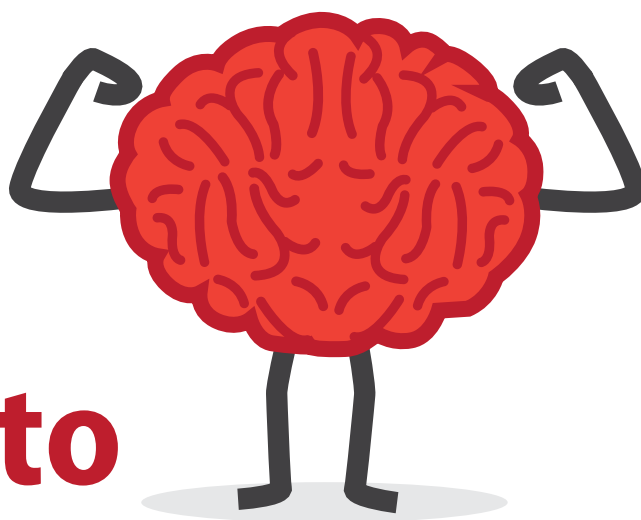


Okanagan Symposium on Brain Health

BrainTrust Canada's annual educational event that hosts leading experts on the topic of brain health.



How to Use Your Brain to Live a Healthier Life

Thursday, May 12th, 2016

8 am to 4 pm

Cost of registration \$125

Includes breakfast, lunch and wine & appy reception.

Laurel Packinghouse - 1304 Ellis Street, Kelowna, BC

**BRAIN FRIENDS & BRAIN ENEMIES:
A SUMMARY OF OLD AND NEW TENETS**

Presented by: **Dr. Stephen Kiraly**

Psychiatrist, Author of "Your Healthy Brain", Researcher

**THE VARIETIES OF COGNITIVE
ENHANCEMENT**

Presented by: **Dr. Peter Reiner**

Professor, co-founder of National Core for Neuroethics, member of Department of Psychiatry at the University of British Columbia.

**EXERCISE IS MEDICINE, FOR THE
BODY AND THE BRAIN**

Presented by: **Dr. Teresa Liu-Ambrose PhD, PT**

Associate Professor, Physical Therapist, Canada Research Chair at the University of British Columbia

**THE BRAIN THAT CHANGED FROM A
LEMON TO A FERRARI**

Presented by: **Dr. Andrew Miki**

Registered Psychologist specializing in Neuropsychology and Cognitive Behavioural Therapy, Creator of Starling Minds

MINDFULNESS AND FOCUS

Presented by: **Sean Pritchard**

Doctoral Candidate - Clinical Psychology at Fielding Graduate University, Former Buddhist Monk

**To register or for more
information visit**

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BrainTrust Canada would like to thank our sponsors

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